



#### **Bell Schedule**

Block 1	8:00 - 9:12
Block 2	9:16 - 10:28
FLEX	10:28 – 10:57
Block 3	11:01 – 12:13
LUNCH	12:13 – 12:53
Block 4	12:57 – 2:09
Block 5	2:13 - 3:25



# My Weekly Planner Flex Booking System

- Follow the link below (also found on HWSS) website
- Log in with your student number and password
- Enter numbers only for your student number
- Your default password is your student number
- Set new password on first log in
- Instructions to book your flex space were emailed to you

https://hwss.myweeklyplanner.net

# **FLEX**pectations

- Attend one of your 4 classes
- The Grand Hall is for Grade 12's only
- The Library is a place for quiet work and is for Grade 11's & 12's only
- Flex is less than 30 minutes, and you are to remain in one class
- Flex is instructional time = Cell phones stored



Please be respectful and refrain from parking in the handicap spots located at the back of the school. Unauthorized vehicles may be towed at the owner's expense.



Thank you for your cooperation!

#### Student Self-Assessment

A new self- assessment and reflection activity is going to be posted to your Grade Team Pages. This assignment will become available Wednesday, April 9 and is due for submission on Thursday, April 17.

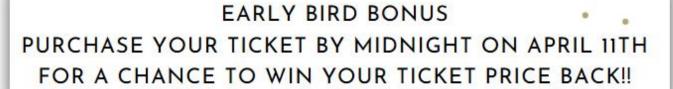
If you have questions, please see Ms. Mazzucco.



#### AFTER GRAD HOLLYWOOD EVENT.

JUNE 7TH 2025 | 11:00 PM TO 3:30AM
TICKETS ON SALE APRIL 4TH
SCHOOLCASH ONLINE \$85







CASINO TABLE & DEALERS

WIPE OUT

DJ & DANCE FLOOR

MAGICIAN

IRON MAN OBSTACLE COURSE

AIRBRUSH TATTOO

BALLOON ARTIST/JUGGLER

MECHANICAL BULL

CARICATURE ARTISTS

HYPNOTIST

360 PHOTO BOOTH

AIR HOCKEY & MORE







# THRIFT SALE

COLLECTING LIGHTLY USED
CLOTHES FOR THRIFT SALE IN APRIL

DROP OFF CLOTHES NEAR ROOM 109 IN THE GRAND HALL







# Greece 2026

March 19th to 30th 2026

#### VISIT WWW.EFTOURS.CA/2842224VS FOR TOUR DETAILS AND INFORMATION



Don't miss out!

If you have any questions, please see Mr. Castonguay and/or up an application /information package from the PHE office



April 1

## International Student Field Trip

#### **Chinatown Storytelling Centre**

 Learn about the culture and history of Vancouver Chinatown on a guided tour.

Visit bakeries and eateries in Chinatown

Date: Thurs 15th May

Time: 9 AM - 3 PM

Cost: \$30 (for transport and tour cost)

See Ms Lee or Ms Mak in EAL Office Rm 243 to sign up. Deadline is Friday, April 11 for sign-up.



# I think the students below are totally awesome.

**Culture Club** caught them doing some great things, such as saying 'thank you', helping others, stacking chairs, and returning lost/found items to the office.

Tucker H.
Matthew J.
Taisei T.
Matthew C.

To pick up your prizes, come to the main office before Block 2, during FLEX, or at Lunch.



### International Student Summer School Registration

#### Attention all international students:

Summer school registration is now open!!



Please click on the link for information on the courses offered <u>Summer Program - Coquitlam School District 43</u>
Please see Ms. A. Lee (Room 245) if you have questions or need help with registration.



#### Spring Recreation for Youth

#### Programs begin the week of April 7

For youth in grades

NEW! Dance Mix	Badminton	Floor Hockey
Pomo Chefs - Diners, Drive-ins and BBQ's	Pickleball	NEW! Parkour
Standard First Aid & CPR-C/AED	Tennis	Volleyball
<b>NEW!</b> Yoga and Art	<b>Pro-D Day</b> - Babysitter's Training	

Visit portmoody.ca/signmeup to register



The Tri-City REACH Awards recognize the generous contributions of individual youth, youth groups, businesses, organizations, and adult mentors in the Tri-Cities who empower, celebrate, and/or impact youth and the community in significant ways.

Submit nominations online at **portmoody.ca/youth** or in-person by Apr 25.



# CLUBS



#### Drafting Club Activities included:

-Modern Style Model scenery Building

### Join us

Room 219, every Wednesday from 3:33~5:00

E-mail:

Club leader: 127-yfeng@sd43.bc.ca Club sponsor: mferrante@sd43.bc.ca



# Society Of Academic Philanthropists Club



# Become a Homework Help Tutor!

Looking for a weekly, flexible volunteer opportunity?

Join and help your peers succeed!

WHEN

Wednesdays 3:30 - 5:00pm

WHERE

Room 231 (Resource Room)

HOW

Sign up on TEAMS Channel

Teams code: **of98s6s** Follow **@hwssoap** on Instagram for more info



# Capstone Day Volunteer Opportunity

**HWSS EVENTS COUNCIL** 

**Date:** Thursday, April 10<sup>th</sup>

**Time:** 8:30am - 3pm (3 Shifts)

**Location:** HWSS

**More info on Events Council** 

Teams: XV11tX1t

Scan code to

sign up:



\*Limited Spots\*

#### **HWSS Model United Nations**



Congratulations to our MUN team!

They represented HWSS with great skill and enthusiasm this weekend at the CAHSMUN conference.

# KODIAK ATHLETICS

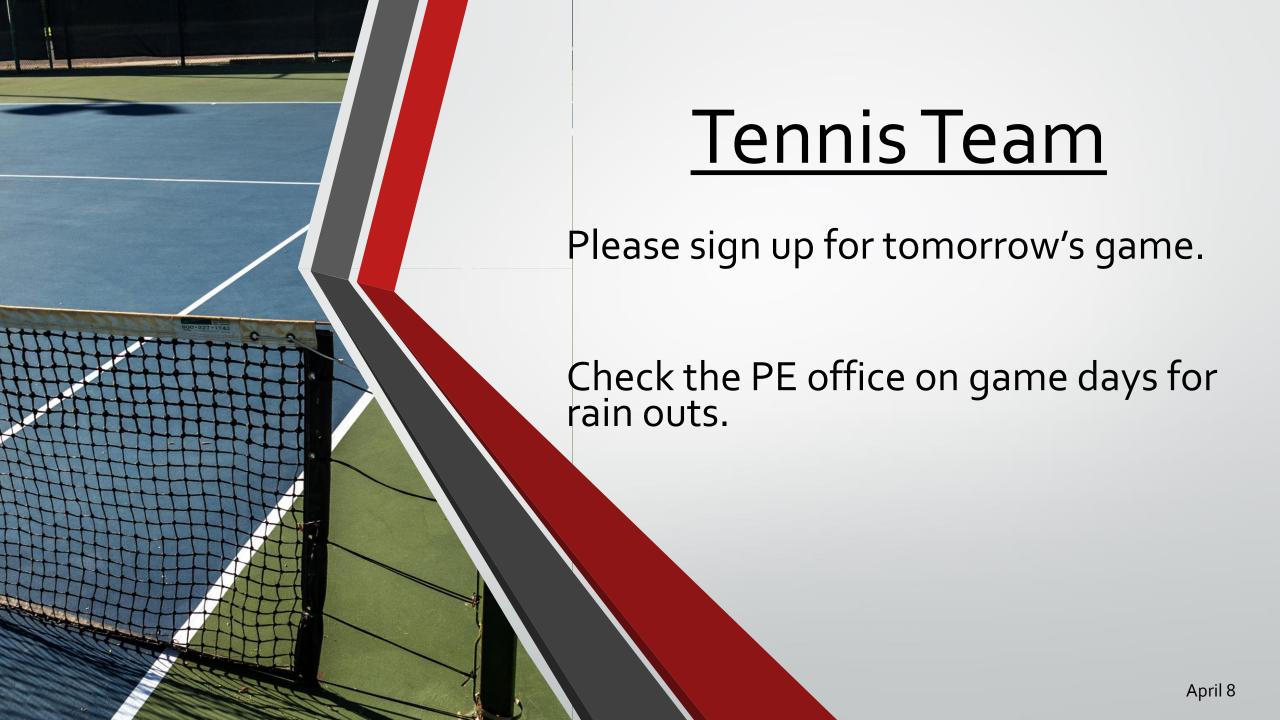




Ultimate players – please sign up outside the PE office for Friday's home game.

We have two teams to fill so need lots of players.





# CAREER



### Get Certified- apply at 43careers.com

#### "What the L" : ICBC Learners Permit Program

Applications Open: April 1, 2025 - 9:00AM Applications Close: April 17, 2025 - 3:00PM

The "What the L" Program is a partnership with SD43 and ICBC to provide students to help prepare students for their learners permit test. This 2-day program allows students to work with an ICBC instructor to better understand the rules of the road and gain tips & tricks for ICBC test taking. All students who take this program will take their learners permit test and upon successful completion will receive their "L!"

Date: Session #1: May 6th, 2025 Session #2 May 13th 2025

Location: Winslow Center

Time: Session #1: 9:00-2:00pm Session #2: 9:00am- 3:00/4:00pm (TBD based on testing times)

#### Occupational First Aid (OFA) - Level 1

Applications Open: April 1, 2025 - 9:00AM Applications Close: April 17, 2025 - 3:00PM \*applications will be accepted on a first-come-first-served basis

Occupational First Aid (OFA) Level 1 is a **one-day course** designed to cover all medical techniques considered to be within the responsibility of the Occupational First Aid Level 1 Attendant as required by the Workers' Compensation Board of BC (WCB).

Date: Wednesday May 21, 2025
Location: Como Lake Middle School
Time: 8.30am -4:30pm